

What every parent needs to know





The mission of Baby Navigator is to provide resources and tools for families to celebrate and support their baby's early learning and nurture the development of language and success in school . . . and in life.

Find all you need to know at Baby Navigator

At BabyNavigator.com you'll find all you need to know to track your baby's progress and learn how to encourage the magic. What you do and say can make all the difference.



What gestures do babies learn by 16 months?

Did you know that babies should have 16 gestures by 16 months? Gestures tell you a lot about your baby's communication development and whether to be concerned if they're not talking. Flip through our 16 by 16 Skills Lookbooks to see photos of early social communication skills that children should learn by 16 months to launch language, literacy, and much more.



Has your baby had a social communication checkup?

Our Social Communication CheckUp, or SoCo Check-Up for short, is a set of questions specially designed to help you and your baby's doctor or teacher screen for social communication delays and autism. When you join My Baby Navigator, you're invited to complete the SoCo CheckUp online, beginning when your baby is 9 months old, and again every 3 months until your child is 24 months old.



How can you help your baby's early learning?

When you join Baby Navigator, you'll have access to resources and tools that are customized for your baby's age and grow as your baby grows to help monitor their development. We call this My Baby Navigator. You can join as soon as your baby is born or any time until your baby turns 24 months old. The earlier you join, the more resources you can be using as your baby is growing. From Lookbooks to Growth Charts, from Monthly Check-Ins to our Social Communication CheckUp, from Printables to Web Resources—all in one place that you can access online from anywhere anytime.



- The SoCo CheckUp asks parents questions about gestures and sounds your child uses and how your child plays to screen for language delay, social communication delay, and autism.
- It takes only 10 to 15 minutes to complete, and results are automatically scored online—so you have access from anywhere anytime. And it won't cost you anything.
- Our CheckUp is a quick way to help you figure out if an evaluation is needed and catch delays early.
 Our Baby Navigator team is here if you have any questions.



How can you know what to expect?

One of the most exciting things about being a parent is watching your baby grow and reach new milestones. Our Social Communication Growth Charts, or SoCo Growth Chart for short, is a new tool in My Baby Navigator that you can use to learn, explore, and chart your baby's development from birth to 24 months.

- Learn about all the early social communication milestones and parenting strategies that support early development in short video tutorials that you select by age or by question.
- Explore video clips that show you how babies are learning new social communication milestones.
 With each milestone clip, watch a companion clip that tells you about the parenting strategies that support your baby's learning in ordinary everyday activities.
- Chart your baby's social communication milestones every 2 months starting at 3 months to monitor which milestones they've reached and which ones to look for next. Track your baby's growth in 5 domains of development to get ready really early for preschool. Celebrate these early critical milestones as you watch your baby grow.

Join Baby Navigator as soon as your baby is born, or any time until your baby turns 24 months old. Learn more at

REGISTER FOR BABY NAVIGATOR

What if something doesn't seem quite right?

At BabyNavigator. com you'll learn how early signs of language delay and autism can impact your child's development, what you can do about it, and how you can build your care team.

If you see something that doesn't seem quite right — like when your baby doesn't look right at you or respond to their name, rarely uses gestures or sounds, or obsesses over a toy or is more interested in objects than people — our tools, courses, and resources can help guide you.



What are 16 early signs of autism by 16 months?

Flip through our 16 by 16 Early Signs Lookbooks to see photos of 16 early signs of language delay or autism that children can show by 16 months. By catching these signs early, you can access intervention earlier and guide your child's success.



Can you spare 2 minutes?

It takes even less time than that to learn what autism looks like in toddlers. Watch our 2-minute video that contrasts a child with typical milestones and a child with autism at 16 months of age. To the untrained eye, these early signs of autism are easy to miss. If you can spare another minute, you'll see how much you've learned.



Watch our videos for more examples.

Learn more about the early signs of autism in our online course, "About Autism in Toddlers". Watch video clips of over a dozen toddlers with ASD at 18-24 months of age and see early intervention in action. This course offers just the right information you need when you first learn your child may have autism.



Has your baby had a social communication checkup?

If your child is between 9 and 24 months, you can screen your child online. We invite all families to register for My Baby Navigator and you will be invited our Social Communication CheckUp to answer questions about your child's early learning and behavior every 3 months starting at 9 months. Our CheckUp is a quick way to help you figure out if an evaluation is needed and catch delays early. Screen your child and you will be invited to use our Growth Charts and more in your My Baby Navigator.



After a positive screen for autism, what's next?

With a single sign-on, you can use our research-based online video resources anywhere, anytime for FREE. In "About Autism in Toddlers" you can see the early signs of autism as well as early intervention in action in video clips of a dozen toddlers with autism at 18-24 months. In our "ASD Video Glossary" you can watch hundreds of side-by-side video clips to learn how to spot differences between typical behaviors and early red flags of autism and to see intervention sessions that illustrate different treatment options.



If you suspect your child has autism ... get started right away.

With our "How-To Guide for Families" you can hit the ground running as soon as you suspect your child has autism or a social communication delay. This online self-paced course has lots of videos of evidence-based strategies you can use to support your child's development. You'll learn how to engage your child in everyday activities that you're already doing and create many opportunities for learning. Screen your child with our Social Communication CheckUp by 24 months and you can receive a free membership to our How-To Guide and more in your My Baby Navigator.





Everything you need to know in one place.

Visit BabyNavigator.com.

